

sportingbet precisa de verifica#231;#227;o

<p>Sprint Running (Athletics)</p>

<p>Sprint running races are short distances races in which</p>

<p>athletes try to run at their maximum speed throughout #127881; the e

ntire distance of the race.</p>

<p>Sprint races are part of the track and field discipline and are includ

ed in #127881; all events</p>

<p>that feature track and field competitions.</p>

<p>100m sprint race 100m sprint race</p>

<p>The 400m</p>

<p>oval running track is split into #127881; eight lanes, where each la

ne is 4ft wide. Up to eight</p>

<p>athletes compete in a single race. Competitions are conducted #127881;

; in a heats format, where</p>

<p>athletes in groups of eight take part in a every race, with winners mo

ving on #127881; to the</p>

<p>next round, until the final winner is decided.</p>

<p>Sprint races can be of various distances</p>

<p>from 50 - 400m. #127881; The three formats used for the Olympics are

: 100m, 200m and 400m. The</p>

<p>100m and 400m races are also conducted #127881; in a relay format wh

ere a team of four each run</p>

<p>a leg and pass a baton from one runner #127881; to the next.</p>

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<p>For the 100m race all runners are</p>

<p>lined up in a straight line in a track, and for #127881; the 200m an

d 400m the start position is</p>

<p>based on which lane the athlete is on the track. The runner #127881;

to first cross the finish</p>

<p>line is the winner. The time taken to finish the race for each athlete

is #127881; also tracked</p>

<p>for historical record keeping.</p>

<p>Similar Sports</p>

<p>Relay Running a track and field running</p>

<p>race in which athletes compete as #127881; a team, passing a baton f

rom one runner to the</p>

<p>next.</p>

<p>Hurdles a track and field sport that involves running #127881; and

jumping over</p>

<p>obstacles at speed.</p>

<p>Racerunning a track and field racing sport for disabled athletes,</p>

/p>

<p>in which they use #127881; a specially designed tricycle.</p>

<p>Running running races can range from</p>

<p>short sprints to ultra-marathons.</p>

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